



**Health Matters Newsletter**  
**May 6, 2022**  
**Today's Health Matters Includes:**

- OCCHN Meeting Schedule
- Community Meetings
- Hand Sanitizer Available for Community Organizations
- New Island Health Program Community Virtual Care
- Missing and Murdered Indigenous People
- Jordan's Principle: Information Session
- Youth Safe Space Fundraising Drive
- Shadow of the Red Brick Building Workshop



*My role as a mom has been one of the most important jobs I have undertaken in my lifetime. My mother and grandmothers' wisdom has been embedded within me and as I held the tiny hands of each my daughters, I felt their presence transfer through me. Thank you, mom and Grandma!*

*As we celebrate Mother's Day this weekend, we know that the role of mom and relationships can look very different for many people. We send best wishes to those in your life who have influenced you the most and wish you a happy weekend.*

- 
- ✓ **Next Admin Committee Meeting** May 5- 4:00 pm zoom call
  - ✓ **Next Our Cowichan Network Meeting** May 12 5:15 pm Via Zoom

- ✓ **Next EPIC Committee Meeting-** May 19, 2022, 1:30 pm-3:00 pm **zoom call** contact Cindy [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) for access
- ✓ **Cowichan CAT –** May 26 2022, 10 am -noon contact Leah Vance [leahlc Vance@gmail.com](mailto:leahlc Vance@gmail.com) for access

---

## Omicron Continues to Circulate Please GET Boosted

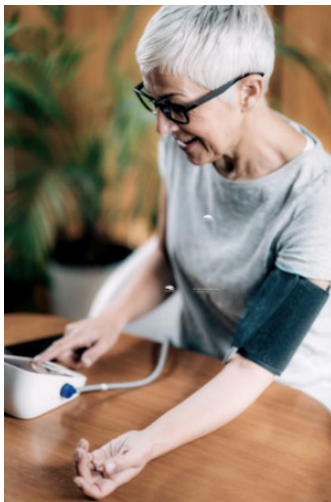
---

### Hand Sanitizer Available for Community Organizations

Clements Centre Society has extra supplies and has generously offered to share additional 500 ml bottles of hand sanitizer that their organization does not need. If you are in need of sanitizer, please contact Dianne Hinton [DHinton@clementscentre.org](mailto:DHinton@clementscentre.org)

---

### New Island Health Program – Community Virtual Care



Community Health and Seniors Health are excited to announce a new regional service, [Community Virtual Care](#). You are receiving this email because we think this information will be of benefit to your organization's clients. If this email was sent to the wrong person, please feel free to forward it.

#### What is Community Virtual Care?

Community Virtual Care (formerly known as *Home Health Monitoring*) is a free, innovative Island Health program that uses remote patient monitoring, virtual visits and the telephone to support clients living with chronic disease from the comfort of their home.

#### Who is it for?

The Community Virtual Care team monitors vital signs and symptoms, as well as provides self-management coaching and education to clients with

the following conditions:

- Chronic Kidney Disease
- COPD
- Diabetes
- Heart Failure
- Hypertension
- Palliative Care (coming soon)

#### How does it work?

Clients are loaned, at no cost to them, all the equipment they need to answer daily care plan questions and measure their biometrics. This information is sent electronically to the monitoring nurses who check for alerts and data changes and significant data trends are sent to the client's Primary Care Provider.

The nurses support clients to be proficient and confident in managing their condition and help them recognize when to seek care from their Primary Care Provider vs. when to seek Emergency Services.

### Community Virtual Care – Education Sessions

For more information about the program, join us for a one-hour information session (calendar invitations are attached and details below) on **May 26<sup>th</sup> at 10am, 1pm or 3pm**. Mark your calendars and encourage your staff to attend!

Join Zoom Meeting: <https://viha-ca.zoom.us/j/9307349942?pwd=YklVYlZaUXZhdUd3WkN2KzBPdmRUZz09> or call 1-833-955-1088 (Toll Free)

Meeting ID: 930 734 9942

Passcode: 748199

For referral options or to request posters or pamphlets:

Web: [www.islandhealth.ca/cvc](http://www.islandhealth.ca/cvc)

Email: [communityvirtualcare@islandhealth.ca](mailto:communityvirtualcare@islandhealth.ca)

Phone: 250.519.7700 x 11928

### Blog/Website

Does your organization have a blog or website we can promote this program on? If so, please contact Belinda at [Belinda.walle@islandhealth.ca](mailto:Belinda.walle@islandhealth.ca).

---

From the archives: Cowichan grieves for the missing and murdered- Let's not forget the missing and murdered people.

(Photo and article from the Cowichan Discourse)  
Published in 2020, this story follows local families and supporters as they march through the streets of Duncan to reinvigorate the search for missing loved ones and seek justice for those who have been murdered. [Here's the story, with words and photos by me](#) (Jacqueline Bronson)



## May 19th, 2022 – Jordan’s Principle: Information Session with Raylene McCreath



Raylene McCreath from BC Aboriginal Network on Disability Society/ Indigenous Disability Canada (BCANDS/IDC) will be discussing Jordan’s Principle: Child first initiative. Join Raylene in this webinar as she discusses what the initiative is, who & how to apply, and what supports are out there to offer First Nations children in need.

### Everyone is welcome to our UBCLC sessions.

Our events aim to embody a safe space for everyone of all different backgrounds to have their opinions and voices equally heard.

**Date:** Thursday, May 19th, 2022 ([PST](#))

**Time:** 10 a.m. to 11:30 am

**Where:** Internet webinar.

[View system requirements](#)

**Registration:** required to participate

Register for  
Webinar

---

## Youth Safe Space Fundraising Drive

**Fundraising Drive:** Mental Health Week 2022

In celebration of Mental Health Week 2022 we invite you to support our goal of [creating a safe space and programs for homeless youth in the Cowichan Valley](#). These donations will be held in a capital account for this purpose. Our goal is to raise \$500,000.

**There is currently no shelter for youth under 19. At a time in their lives when youth need stability, direction and support, they have none. Some have aged out of care, left unhealthy family situations, some have disabilities and many have trauma we can't imagine. Some turn to substances to ease the pain.**

How can we help?

We can start by providing a safe place for youth to drop in. We can start by listening while we provide the basics such as a warm meal, medical attention, a warm shower and some clean clothes. We can learn about what they need and direct them to other resources in the community. In a perfect world, we could provide shelter or at the very least a referral to shelter. We can provide the vital connection needed to change the course of their lives.

All donations over \$20 will receive a tax receipt. Monthly donations also welcome.

Proceeds from our [Coldest Night of the Year](#) and [Shaw Brighter Communities Text to Donate](#) campaigns are also held in this account.

---

---

## Shadow of the Red Brick Building Workshop

Wednesday, May 18 6-8 pm Penelakut Elder Ray Tony Charlie will host [a two-hour workshop called “In the Shadow of the Red Brick Building.”](#) about his experience at residential “school” and his life journey of healing. Elder Ray Tony has also recently published a book of the same name. Email [publisher@askewcreek.com](mailto:publisher@askewcreek.com) for orders and inquiries.

---

---

## Health Matters Newsletter

**Do you have a resource, event or information you would like to share?**

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the Friday Newsletter